



Most of our food is prepared to order and whilst we aim to provide service within 10 minutes at busy periods we may take a little longer. If you are in a particular hurry, please ask about wait times or fast options. Thank you.

WE'LL NORMALLY TAKE YOUR ORDER BUT, IF WE APPEAR NOT TO HAVE NOTICED YOU, PLEASE ORDER FROM THE BAR.

BREAKFAST - SERVED ALL DAY

	<u>In</u>	<u>Out</u>
Toast* with jam/marmalade	1.95	1.00
Muesli with honey, maple, or golden syrup	2.45	
Porridge with honey, maple, or golden syrup	2.45	1.45
Pancakes with butter and maple, or golden syrup	2.45	
Baked beans on toast*	2.95	
Free range eggs** and toast*	2.95	
Garlic mushrooms on toast*	3.95	
Omelette – plain with toast* or salad	3.95	
Add cheese or ham or mushrooms	0.50	each
Root vegetable hash with eggs**	3.95	
Free range eggs** with smoked salmon, or bacon, or haloumi and toast*	4.45	
Local, free range bacon sandwich*	4.45	3.45
Welsh rarebit	4.45	
Root vegetable hash with eggs** and smoked salmon or bacon, or haloumi	5.45	
Eggs Benedict (Muffin with ham or smoked salmon, poached egg, & hollandaise sauce)	5.95	
Full vegetarian breakfast: Haloumi, tomato, mushrooms, baked beans, root vegetable hash, eggs** & toast*	6.45	
Full breakfast: Free range bacon, free range sausage, tomato, mushrooms, baked beans, root vegetable hash, eggs** & toast*	7.45	
Add eggs or sausage	1.00	
Add bacon, smoked salmon, or haloumi	1.50	

*White or wholemeal

** Scrambled or poached

Please ask if you'd like extra toast or butter

TOASTIES/PANINIS

	<u>In</u>	<u>Out</u>
Cheddar & Marmite	3.95	2.95
Cheddar & onion marmalade	3.95	2.95
Mozzarella & tomato	3.95	2.95
Brie & onion marmalade	3.95	2.95
Goats cheese & red pepper	3.95	2.95
Cheddar & free range ham	4.45	3.45
Tuna & cheddar	4.45	3.45
Free range bacon, brie, and onion marmalade	4.75	3.75

SANDWICHES

	<u>In</u>	<u>Out</u>
Free range ham with mustard or mayo	3.95	2.95
Hummus & red pepper	3.95	2.95
Local, free range bacon,	4.45	3.45
Sausage & Mustard	4.45	3.45
Cream cheese & smoked salmon	4.45	3.45
Tuna mayonnaise	4.45	3.45
Made with freshly baked ciabatta	0.50	
Add onion marmalade, tomato, or Marmite	0.50	
Add side salad	0.75	

MOST OF OUR SANDWICH/TOASTY FILLINGS CAN BE SERVED AS A SALAD AS A WHEAT-FREE OPTION